

THE YABBA POT

VEGAN 101

COOKING CLASS

MONDAY FEBRUARY 14TH: 7PM

A BEGINNERS GUIDE TO VEGAN CUISINE:
WITH AWOSADE BELLOME AND AYOLUWA NZINGA
OF THE YABBA POT

Understanding the vegan diet, health basics, and more!
Learn basic culinary skills to create quick and healthy vegan
meals at home.

**We will also prepare our own VEGAN MEAL
for the entire class to enjoy!**

\$20 PER STUDENT INCLUDES SUPPLIES, HAND OUTS AND RECIPES



**FOR MORE INFO OR TO REGISTER:
THE YABBA POT CAFÉ
2431 Saint Paul Street
Baltimore, MD 21218
410-662-8638
yabbapotinc@gmail.com
theyabbapot.com**